



Lent 2023

From your Senior Warden, Adie Smith:

Did you know that if you give up ice cream, chocolate or another tempting food for Lent, that you can still eat it on the Sundays during Lent?

Well, I'm not sure this is the "official" rule, but this was the rule around our house when I was growing up. You see, the 40 days of Lent (beginning Ash Wednesday and ending Holy Saturday) don't include Sundays, so it made perfect sense that when we had family dinner at my grandparents' house each Lenten Sunday (and every Sunday), that we could indulge in the very desserts we had given up. Having children of my own now (who have adoring grandmothers), I think maybe my parents gave in to my grandparents. My grandparents enjoyed spoiling us on Sundays, and perhaps my parents didn't feel like refusing their hospitality. Maybe they thought that for kids, giving up temptations for 6 days at a time was a reasonable goal. What I didn't fully understand as a kid, and am still working on understanding today, is the "why" behind giving up those bowls of ice cream for 40 days (6 days at a time).

Why do some Christians "give up" things or "take on" challenges for Lent?

According to BBC.com, "Millions of people do this during Lent as a sign of sacrifice and to test their self-discipline. Christians believe that this is to represent Jesus Christ's sacrifice when he went into the desert to pray and fast for the 40 days before later dying on the cross. In the Bible's New Testament, while Jesus was there, Satan tempted him to turn away from God and worship him instead, but Jesus refused to, which is why people might give something up, in order to test their own self-discipline too."

What does this mean for me during Lent of 2023?

The "me of 2023" thinks my goal should be a little deeper than giving up dessert, but that's something I'll wrestle with myself. If a Lenten fast is truly about sacrifice, self-discipline, prayer, and promise keeping, then the "me of 2023" also thinks it's time I include the Sundays of Lent in my personal goal. Jesus didn't get to take a break from the desert every 6th day, so why should I? This year, my Lent will be 44 days long - no breaks, and yours can be too.

Sorry, Grandma and Grandpa.

P.S. After doing a bit of research, I learned that it is common to "break your Lenten fast" for Sundays which are Feast Days; however, I'm still sticking by my 44 day Lent this year.

Newsletter Submissions?

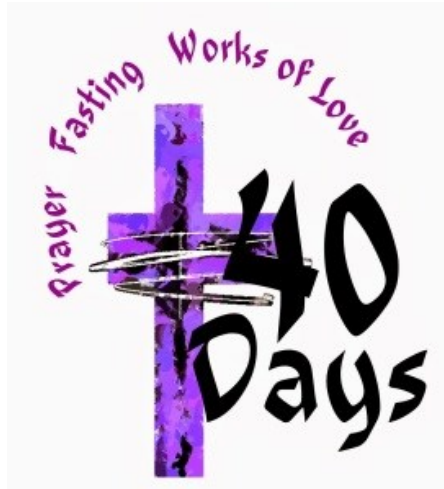
Please send your news items, stories of spiritual growth, book reviews, jokes, cartoons, recipes, etc. to Jane Herr (812)320-2340 or 4923 Stevens Rd., Nashville, 47448 or (the preferred method!): jane@rjherr.com

2023 deadlines for submissions:

Pentecost: May 14, 2023

Fall: August 29, 2023

Advent: November 19, 2023



St. David's Episcopal Church

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5 miles north of Nashville
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Church office:

812-988-1038

Interim Rector:

The Rev. Kate Wilson

812-727-5323

Clergy1.stdavidsbb@gmail.com

Senior Warden:

Adie Smith

Deacon:

The Rev. William Morris

Organist/Choir Director:

Dr. Vicki King

Parish Administrator:

Jean Brown

stdavids@stdavidsbb.org

St. David's Vestry 2022

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Parish Treasurer

Ralph Linscott

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The new Vestry is still in the process of assigning liaisons. Look for upcoming announcements concerning these assignments.

Creation Care

Some Monarch Butterflies Are Back—Keep Them Coming!

Monarch butterflies migrate in two tracks—the Western monarch butterflies and the eastern monarchs. These butterflies travel thousands of miles to spend the winter. The western butterflies travel from the Pacific Northwest to California and Arizona while the Eastern Monarchs travel from Southern Canada and the Northeastern United States to spend the winter in Mexico. As the butterflies' travel, they breed multiple generations during the thousands of miles journey before reaching their wintering destinations in fall. Monarchs usually return to the same places and even the same trees.

The population report of the Western Monarchs wintering in California has rebounded from 2,000 in 2020 to 247,000 in 2021, and increased modestly this year. The Eastern Monarch population has decreased about 80% since the 1990s. Scientists say the butterflies are at critically low levels because of destruction of their milkweed habitat along their migratory route as housing expands, use of pesticides and herbicides increases, farming, and climate change, all disrupting an annual 3,000-mile migration synched to springtime and the blossoming of wildflowers.



Creation Care, an environmental program supported by Presiding Bishop Curry started at St. David's during the Bean Blossom Farmers Market. We utilized the Children's Garden teaching how to care for this planet--God's gift to us. We planted and harvested food, taught recycling and reusing, and studied pollinators and their habitat needs. After the Farmers Market closed, St. David's sponsored a Pollinator Day game with community resources who brought in a working beehive, the monarch life cycle, and a worm farm for enriching the garden soil. We learned what we could do to protect the Monarchs including discouraging the use of herbicides, leaving some natural areas on property, and planting for pollinators. We began a 100 acres campaign for land donations to renew pollinator habitats. Since monarchs must have milkweed, for the caterpillar stage we made over 4000 "seed pods" to spread on the donated acres. The seed balls contained milkweed and wildflower seed.

The second Pollinator Camp occurred last June with fourteen St. David's and Community Children—again we made more "seed pods". This year in August several monarchs were seen on our flowers at St. David's, in our yards, and throughout the county. These are the Eastern Butterflies migrating on their thousands of mile trip to Mexico.

Plans for the third Pollinator Day Camp are underway. Let's join together making "seed pods", clearing spaces to throw the pods, donating our spaces to the Brown County Pollinator Habitat project and tossing them in late fall, then give thanks for their beauty this summer!

—Donna Niednagel



MORE THAN ENOUGH

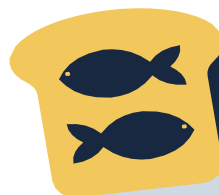
Lent: Making More Than Enough Space

The process of letting go of something that once added value to our lives can be uncomfortable, even painful. In letting go of old patterns that no longer serve us, we make space for new, healthier ones. The Lenten season is an excellent time for recentering, reevaluating, and recommitting to letting go of whatever it is that holds us back from living a fuller life. We all deserve to make space for ourselves.

It takes intentionality and discipline to commit to making space for all the delightful and messy parts that come with our fullness. We can make more than enough room for it by engaging in rituals—rituals that anchor us in a special time and place, which disrupt thought patterns, reframe perspectives, and ultimately transform the ways we relate to ourselves. I've struggled with anxiety my entire life. And while there are many things in the world that warrant an anxious response, there are certain thought patterns that I experience simply because they are addictive, even when I know they are destructive.

Lent invites us to employ all of our senses and bodies in a way that is even different from each Sunday's set of holy practices and meditations. The very act of engaging in ritual, religious or secular, creates sacred space for subtle mental transformations. Though sometimes difficult to commit to, ritual importantly disrupts daily life, allowing for new connections with ourselves, the light, and the enough-ness, that's within us already. In making space for ritual, I craft a sacred space for me, allowing room for my whole human experience to exist in, to take up space.

To make space for my complete fullness, anxious thoughts and all, I like to commit to small, attainable rituals. I try to dedicate a little time every day to tidying my room while listening to one of my coveted ambient playlists. The smell of Earl Grey tea and jasmine incense is calming for me, so I make sure I have access to those scents nearby. And if I need to, I journal to confront my racing thoughts on paper. The point of this is not to have a quick fix, it's more about integration, as my therapist would say. But it's also about finding expansion within and outside the constraints of our bodies. Rather than repressing and making anxiety smaller, I make intentional room for it, a tangible place for it to go. Even when it feels like there is no room, ritual makes the room to confront, process, and make space for healing. It's in these moments, in my own way, that I can remind myself that I deserve to be kinder to myself. |



Questions For Reflection:

In the context of Stewardship, we can think about the ways that Lent makes a spiritual space that affirms *more than enough-ness* after healthy letting go. What might you need to let go of in order to make space for your fullness—whether it be your spirituality to blossom or space to simply exist in?



THE EPISCOPAL NETWORK FOR STEWARDSHIP

Elise Mills, TENS' Staff Writer, is a recent graduate, writer, and musician from San

Inspiration

Working at El Cauldito

On the Sunday morning after Marilyn and I arrived in Las Cruces this year I decided to attend church service at St. Andrew's, an Episcopal church here in town. Guess I made the mistake after church of asking what they were doing for outreach, and so subsequently was recruited to work at El Cauldito, a soup kitchen in town that daily serves hot meals to the homeless and the immigrants in Las Cruces, and that St. Andrews staffs every Wednesday.

The soup kitchen was actually started by St. Andrew's Parish many years ago. When some of the nurses at St. Andrew's noted physical as well as hunger problems with the homeless here, they also opened a free medical clinic. Both the soup kitchen and the medical clinic have now been moved to a freestanding location in town called the Community of Hope.

I spent the morning cutting up packages of donated frozen meat, slicing mushrooms and tomatoes, and then serving desserts to 200+ hungry immigrants and homeless folks. In the process I also met and talked with many other volunteers who were also donating their time and energy to help with those people in need. It's hard not to develop some friendships when you're working so close to others for a common goal.

I left that afternoon feeling impressed that Episcopal congregations often are among the most involved organizations in helping out in their communities. I felt inspired by the fact that so many people help others in spite of no material gain for themselves. Such observations might just cause an old agnostic to continue to go to church!

Lenten Greetings to All!
Mike Day

Love is always new!
Those who live in Love
Are renewed every day
And through their frequent acts of goodness
Are born all over again.
How can anyone stay old in Love's presence?
How can anyone be timid there?
- Hadewijch

Hadewijch was a 13th-century poet and mystic, probably living in the Duchy of Brabant. Most of her extant writings are in a Brabantian form of Middle Dutch. Her writings include visions, prose letters and poetry.

A Note from Our Interim - Pastor Kate+



Lent is soon upon us, with Ash Wednesday on February 22! That's right, it's an early Lent and Easter this year. What is Lent? Did Jesus start it, or where does it come from? Why do we observe it? How do we observe it? What different does it make in this day and age?

Lent is a forty-day period of fasting, prayer, and spiritual renewal. It began in the 4th Century as a Christian practice. The length of forty days was chosen to imitate the forty days Jesus spent in the wilderness, being tempted, fasting, praying, and purifying himself to take up his salvation mission. Self-purification is common to all three of the Abrahamic religions – Christianity, Judaism, and Islam – and is known in secular life as well! See how Kellogg cereal started and check out the practices in some health spas! The name *Lent* itself stems from Germanic roots meaning *lengthening*, referring to the lengthening of days we experience during Spring. As is often the case, our liturgical practices have pagan cousins related to planting and harvest. Easter in particular mirrors pagan practice (the word *Easter* comes from east, where the sun rises—and the son rises. But our sharing or adopting pagan beliefs is another story for another time. In Christianity, the name, the practices, and the duration are about our imitation of Christ in a condensed period of forty days.



Observation of Lent has also changed over the centuries. Until as late as the 1960s, people practiced strict fast and abstinence. (To be truthful, it is not as unusual as you would think even today.) Fasting meant that you would eat one meal and perhaps two small snacks per day. In the early centuries, people abstained from meat, dairy, and eggs for the duration of the period. This was modified over time to be practiced only on Wednesdays and Fridays, then only on Fridays (to honor Good Friday), and now to being practiced by choice but not under church requirement. Other forms of self-indulgence and joy were sacrificed, including even weddings. Priest and ministers may still suggest waiting until after Easter for marriage ceremonies. Perhaps this, and the weather, explain the popularity of June. You may be familiar with “giving up” something for Lent. Chocolate, alcohol, and cigarettes are often chosen. More recently, people opt to give up meanness, to strive for daily good actions and efforts to support other people as they meet them incidentally or by design.

In addition to the physical mortifications, or sacrifices, many observe conscious practices of prayer and meditation. You may practice contemplative prayer, centering prayer, spiritual journeying, guided or unguided meditation. This emulates Jesus's spiritual and mental purification in the desert. Consistent, daily prayer and meditation are difficult disciplines, especially if you rankle at the word *discipline*. It may be easier if you see it as becoming a disciple of Jesus by following these spiritual practices. You may also have heard about “doing your Easter duty”, which was a requirement to receive the sacrament of Penance (now called Reconciliation) and to receive communion once a year, Easter being the annual deadline. In our modern life reconciliation with others still a primary purpose of Christianity. Although all of our Baptismal

promises support the urgent need for reconciliation, two give us understandings of why it is important:

Celebrant: Will you seek and serve Christ in all persons, loving your neighbor as yourself?

People: I will with God's help.

Celebrant: Will you strive for justice and peace among all people, and respect the dignity of every human being?

People: I will, with God's help.

Notice that you don't have to become perfect to earn God's help. Giving grace is another form of creating, breathing into our spirits, God's own best practice. We can also clarify our minds and our attention through spiritual practice, holding ten minutes – or more – to do the actions that prepare us best to hear God's message to us, and to learn God's will for us, and to invite him to help us with it. Self-flagellation is not in vogue. Keep it simple.

Lent is an ideal time to open our hearts and our minds to these best spiritual practices.

At St. David's, we will have a Soup Supper every Wednesday during lent, beginning at 5:00.

We will feed our bodies and our souls, celebrating the Holy Eucharist along with sharing bread and soup together. During dinner, we will have topics to explore, and will come together more intimately in our Lenten journey toward Easter. Come to both parts of the evening or just one.

A few online resources:

<https://www.faithward.org/lent-resources/lent-calendar-with-daily-discipleship-practices/>

Recommendations of actions you can take each day.

<https://catholiccharitiesny.org/news/2023-lent-calendar/>

Verses from Scripture or a well-known person to meditate on or consider during each day.

<http://www.allsaintspress.com/images/products/6624.jpg>

This one is for children.

Christ Church Cathedral broadcasts Morning Prayer daily online. Other churches do as well. Doing a search will help you find them. I joined a group in Scranton, PA for a long time during COVID.

There are also very good apps/websites for morning, noon, evening prayer and compline, organizing all the readings for you each day. These two are favorites of mine:

<https://www.missionstclare.com/> Available at your phone app store.

<https://www.venite.app/home> Available at your phone app store. This one also allows you to create and maintain your own prayer list, provides a timer for meditation, and more.

Let us journey together,

Kate+

Dr. Vicki King is St. David's New Organist and Choir Director

Dr. King has worked as a professional pianist, teacher, ballet accompanist, and church organist/choir director in the United States, Germany, and Austria. Her last position was as Coordinator of Piano Studies at Tennessee State University in Nashville, TN. She is the author of the books, "Adventures of an Old Lady Piano Teacher," and "Playing the Piano Naturally." Her specialty is working with pianists who have performance injuries.



Vicki and her husband, Tom, a fine tenor, met at the IU School of Music where she was his accompanist. They have been married 52 years and have performed hundreds of concerts together all over the world. Their first date was at Yellowwood State Park, so Brown County holds a special place in their hearts. They worked in Germany, Atlanta, Florida, and Tennessee as professional musicians.

The couple decided to retire to Bloomington in 2014 so that they could be around music and young people. Vicki loves cats and quilting.

Search Committee Update

The search committee for St. David's is pleased to announce that we have completed our first round of candidate interviews! With that statement, it's interesting to think back on the many steps it's taken to get here. The holy conversations, profile building, website updating, and many many meetings, calls, and emails have had to happen just to get to the point of listing the position and accepting applications. To use a bad analogy, we've gotten the boat out of storage, gassed up the tank, driven to the lake, bought some bait, and have just cast our lines into the water. With all of that prep work, we've now gotten to "the fun part" of talking to people, interviewing, and entering into mutual discernment- we're happily waiting for those bites, fair weather, and a touch of luck.

We want to thank all of you who have participated or helped in the process so far and continue to ask for your patience and support as we continue our work.

Happy fishing :)

-Ben

Bean Blossom Music Series

SUNDAY
FEB. 12th
7:00 PM



ST. DAVID'S
EPISCOPAL CHVRCH
Corner of Rt 135 & 45
www.stdavidsbb.org
812.988.1038

*Schoenfeld's Jazzy "Cafe Music"
and other American works*



Alicia Choi
Violin

Adam Lee
Cello

Futaba Niekawa
Piano

Meet-the-artists reception to follow.

Join us for this family-friendly event.
Free-will offering. Donations gladly accepted.

To add your name to the Bean Blossom Music Series email list,
write to beanblossomsounds@gmail.com



Bean Blossom Music Series

Date: Sunday, February 12, 7:00 pm

Location: St. David's Episcopal Church

Schoenfeld's Jazzy "Café Music" and other American works

Program: Maurice Ravel, Violin Sonata No. 2, II: Blues

John Corigliano, Violin Sonata

Paul Schoenfeld, Cafe Music – Trio for Violin, Cello, and Piano

Musicians Info:

Alicia Choi, Violin



Acclaimed for her “technical flair and gleaming tone” (The Berkshire Eagle) and for “possessing a big sound and a warm tone” (TwinCities.com), violinist Alicia Choi is an engaging artist known for her passionate playing and imaginative programming. Her current season includes performances as Guest Concertmaster of the Kingston Symphony, concerts at the Chapelle historique du Bon-Pasteur, Festival de Lanaudière, Salle Bourgie Musée des Beaux-arts de Montréal, Les Concerts Sine Nomine as well as concerts across Québec in Marcel-Proust - la musique retrouvée, a new production by Agence Station Bleue. Past performances include concerts in the Dame Myra Hess Memorial Concert Series, Indiana University Jacobs School of Music Faculty Recitals, New Brunswick Summer Music Festival, and the Thy Chamber Music Festival. Her solos with orchestra include performances with Atlantic Music Festival, Berkshire Symphony, and Queens Symphony Orchestras under conductors Ronald Feldman, Constantine Kitsopoulos, and Julian Kuerti.

Alicia has previously served as an Artistic Director and Faculty of the inaugural Harlaxton Chamber Music Festival in Grantham England, as well as performing and teaching faculty at the University of Florida Chamber Fest, University of North Carolina Chapel Hill Chamber Music Workshop, and Camp Musical Père Lindsay in Saint-Côme, Québec. From 2013 to 2017, Alicia was an Artist-in-Residence Faculty of the University of Evansville, Associate Concertmaster of the Evansville Philharmonic Orchestra, and a member of the Larchmere String Quartet. As a member of the LSQ, Alicia has toured and taught in various North American cities and institutions; performed at the Accademia Chigiana in Siena, Italy; won the Evansville Mayor's Arts Ensemble Award; and released the first commercial recording of the Stephan Krehl String Quartet and Clarinet Quintet on Naxos Records.

A graduate of Williams College and The Juilliard School, Alicia holds a Doctor of Music in violin performance from McGill University Schulich School of Music, where she has been an Instructor of Chamber Music since 2017.

Futaba Niekawa, Piano



Known for her verve and sensitivity, Japanese pianist Futaba Niekawa pushes the boundaries of her artistry as a soloist and collaborative pianist across genres and disciplines. She has performed throughout the United States, Canada, England, Spain, Taiwan, and Japan and to date has released five recordings (PARMA Recordings, Petrichor Records) and her live performances have been recorded for radio broadcast.

In demand as a collaborative pianist, Niekawa has performed with Atar Arad, James Campbell, Charles Castleman, and the members of the Metropolitan Opera Orchestra, and the Chicago Symphony Orchestra, among others. She has been engaged as a collaborative pianist at the Banff Centre, New England Conservatory, Meadowmount School of Music, and the IU Summer String Academy. Praised as “a beautifully balanced duo” by Gramophone Magazine, Niekawa’s long-term duo partnership with violinist Kerry DuWors, duo526, has led to numerous performances, recordings, and artist residencies at the Banff Centre and Avaloch Farm Music Institute. Niekawa’s passion for multi-disciplinary collaboration and performing music of her generation have developed into artistic partnerships with composers, dancers, poets, and visual artists. In her leisure-time she plays free-improvisation.

Niekawa is currently a Lecturer in Music (Chamber and Collaborative Music) at Indiana University’s Jacobs School of Music. She earned her Doctorate of Musical Arts degree from the Eastman School of Music. Her dedication to pedagogy, mentoring, and performance practice is shown through workshops at duo526’s annual Sonata Seminar, and invitations as a guest teacher at universities across North America.

Adam Lee, Cello



Cellist Adam Lee, age 22, was born in Seoul, South Korea. He is currently a masters student at the Jacobs School of Music studying under Eric Kim.

Adam as a soloist has won prizes from the Confucius Competition, the Society of American Musicians Competition, the DePaul Concerto Festival, the Indianapolis Matinee Musicale, and the Walgreens National Concerto Competition. As a chamber musician, Adam is a prizewinner at the Rembrandt Chamber Music Competition, St. Paul String Quartet Competition, Discover National Chamber Music Competition, and the Fischhoff National Chamber Music Competition. Adam has additionally appeared on NPR’s From the Top and is a recipient of the Jack Kent Cooke Young Artist Award.

UTO

After an interruption in our United Thank Offering because of COVID, we were back on track in 2022 with an offering of \$433.00. Thank you! Our offering and the offerings of other parishes in the Episcopal Church are combined for UTO grants.

The 2022 focus for grant applications was Care of Creation: Turning love into action by caring for God's creation to protect the most vulnerable—who will bear the largest burden of pollution and climate change through justice, advocacy, environmental reparations, or the development of formational materials. Remember that every penny given to the United Thank Offering is given away to support innovative mission and ministry in The Episcopal Church. Since UTO official founding in 1889, 5,406 grants have been awarded for a total of \$142,155,879.44.” <https://unitedthankoffering.com>

Over the next 3 years, The United Thank Offering, in the spirit of Matthew 25:36, will focus on areas of ministry that serve those who society has left out and left behind. The UTO grant focus for 2023 will be on innovative mission and ministry projects addressing all aspects of the worldwide incarceration crisis. This will include preventive programs and intervention, prisoner support outreach, prison reform work, and post prison re-entry.

For a complete list of all UTO grants, visit www.episcopalchurch.org/UTO and click on the Resources tab at the bottom of the page.

—Jane Savage

A United Thank Offering Grant from 2022:

Part of an article by the Rev. Ellen Huber, Diocese of South Dakota, 2022 UTO Grant Recipient Black Horse Ranch is an extension of the ministry of the Cheyenne River Episcopal Mission:

Residents of the Cheyenne River Sioux Reservation experience unprecedented rates of poverty, addiction, and suicide. Through equine wellness programs, Black Horse Ranch is partnering with the local community to uplift and restore Lakota Horse Culture to aid in healing, and repair trust. Only two years in the making, the ranch offers an equine wellness program that provides Equine Facilitated Learning to individuals, families, and groups, including those in recovery; a horsemanship program that offers a summer horse-and-pony camp; and the Center for Equine Meditation, which welcomes groups for a retreat focused on Equine Facilitated Learning and Lakota Horse Culture.

Summer 2022 was our first summer horse-and-pony camp, and we quickly learned the need for an indoor riding arena to shelter kids and horses when the temperatures soar over 100 degrees! Equally important in the winter when temps dive below negative 20 with the windchill reaching minus 50. We are incredibly grateful to the United Thank Offering, which awarded this ministry a generous grant of \$99,000 toward this almost \$200,000 project, including a storage space for hay.

People who come here are those who seek healing, those who seek to walk alongside, those who come to seek something perhaps undefined, those who come to learn, those who come to share, but most importantly, those who come to feel whole.

Recipes

Cardamom Shortbread Cookies with Orange Glaze

Tender, buttery cookies are accented with the exotic spice of cardamom. An orange glaze balances these cookies with bright citrus.

INGREDIENTS

Cardamom Shortbread

1 cup salted butter
 ½ cup confectioner's sugar
 1 teaspoon ground cardamom
 1 ¾ cup flour

Orange Glaze

1 cup confectioner's sugar
 1 tablespoon orange juice
 Orange zest



INSTRUCTIONS

Making the Shortbread

Beat butter, sugar, on low speed until the sugar is incorporated, and then increase to medium speed and continue to beat until creamed, about 30 seconds. Scrape the sides.

Add the flour and cardamom and mix on low speed until the dough comes together in medium-sized chunks and you do not see any flour streaks in the bowl. Do not overmix.

Press the dough together using a spatula or your hands, then turn onto a sheet of plastic wrap.

Use the plastic wrap to help shape the dough into a disk. Wrap tightly with the plastic wrap and refrigerate for 30 minutes.

Preheat oven to 325 and line a baking sheet with parchment paper.

Remove dough from the refrigerator. Unwrap the dough and place it between two sheets of parchment paper. Roll ½-inch thick, then cut out with cookie cutters. Place the cookies onto a parchment-lined plate and put in the freezer for 10-15 minutes.

Transfer the dough onto your baking sheet and bake for 12-14 minutes, or until very lightly golden. Remove from the oven and cool for 5 minutes in the pan, then remove to a cooling rack to cool completely.

Making the Glaze

Once the cookies have cooled, mix together 1 cup of powdered confectioner's sugar along with the orange juice and milk, until smooth.

Dip the cookies, top side-down, into the glaze. Then remove and turn top-side up. Sprinkle with zest, if desired. Set on a plate or cooling rack until the glaze has set.

Recipes

Easy Baked Shrimp Toast

This baked shrimp toast features rich and creamy shrimp mixture on top of crispy bread. If you are looking for a quick and easy appetizer for your next party, give this a try.

Ingredients

- 6 oz shrimp, (I use small frozen salad shrimp)
- 3 tablespoons [mayonnaise](#)
- 3 tablespoons butter, melted
- 1 1/2 teaspoons grated garlic
- 1 1/2 tablespoons thinly sliced scallions (about 2 stalks of scallions)
- [black pepper](#)
- ½ ciabatta
- basil, thinly sliced



Instructions

Preheat oven to 400F.

Mix shrimp with mayonnaise, melted butter, grated garlic, scallions and a generous amount of black pepper.

Slice ciabatta or baguette in half horizontally.

Spread the shrimp mixture on the cut side of the bread. Place into the oven and bake for 12-15 minutes or until the top is golden and bread is crispy.

Remove bread from the oven. Sprinkle fresh basil and serve immediately.

Notes

The amount of shrimp mixture in the recipe is enough to spread on one half of a 6"x8" ciabatta bread. It's enough for 10-15 slices of baguette, depending on how big each slice is.

Birthdays and Anniversaries

FEBRUARY

3 Cori McCabe
 4 Mike Day
 5 Jaden Fish (Niednagel's grandson)
 7 Logan Fittz
 14 Jane Land
 15 Sandy Fittz
 27 Linda Lee Gosser

MARCH

5 Bob Westbrook
 12 Cynthia Kafoure
 12 Angie Aumage
 21 Kyle Fittz
 28 Laurie Stant
 28 Bess Smith (Joan Amati's daughter)
 30 Michael Kafoure

APRIL

8 Andrea & Larry Barber - Anniversary
 9 Asher Nolan(son of Danielle & Kate Nolan)
 11 Jane Savage

12 Sandy Ackerman
 15 Bess &/Eric Cole (Anniversary)
 29 Knox Nolan (son of Danielle & Kate)

MAY

10 Jan Halladay
 10 David Jennings
 14 Vicki King
 16 Michael & Cynthia Kafoure (anniversary)
 18 Linda Shackelford
 26 Dona Glentzer
 27 Jim & Judy Huber - Anniversary
 27 Gene & Donna Niednagel -Anniversary
 31 Ronald and Jane Herr- Anniversary

JUNE

4 Anne Hawk
 6 Ben Smith
 7 David Savage
 21 Jim Huber
 30 Ben Woodworth

Don't see your birthday or anniversary - drop me a line at jane@rjherr.com



I took this picture because I love blue! Here is a little info on why Kate is wearing my favorite color during Advent: The word advent comes to us from the Latin meaning to come. As a way to mark this season of expectation and hope we wear blue vestments. This is a recovery of an ancient English tradition stemming from Salisbury Cathedral, and so it is referred to as sarum blue. (Sarum being the ancient Latin name for Salisbury.)

An Episcopal Minute from Kate

Why Do We Use Purple Vestments in Lent?

Creating purple dye was labor intensive and very very stinky. The dye was made by cracking open mollusks, 250,000 mollusks for an ounce of dye. The cracked mollusks needed to age for just the right amount of time. I don't know how much was the right amount, but dye makers did. This is the source of the smell. As you can imagine the smell was revolting. Few dye makers were up to the task of making purple dye, but those who did were well paid and the dye was very pricey.

Because the dye was so expensive, only the wealthiest of people could afford cloth dyed purple, notably, Caesar and other high-ranking people.

You will remember these lines from Mark about the Passion of Christ: [The Roman soldiers] "clothed him in a purple cloak, and plaiting a crown of thorns they put it on him" (Mark 15:17). Then Pilate showed Jesus to the crowd, saying, "what shall I do with the man whom you call the King of the Jews?" (Mark 15:12).

Since then and because we regard Jesus as "King of Kings and Lord of Lords", clergy wear purple vestments and the altar and lectern also bear purple cloths.

Why Do We Veil the Cross in Holy Week?

Veils have long been a sign of mourning. We veil the cross in mourning for the murder of Jesus. Churches with artwork and statues veil these as well.

Kate+

Schedule of Special Services and Parish Events

Wednesday	Feb 22	Ash Wednesday <i>(with Soup Supper each Wednesday in Lent)</i>	5 pm	St. David's
Saturday	March 3	Euchre	7 pm	St. David's
Sunday	March 12	St David's leads worship At Brown County Health & Living Center (volunteers needed and welcomed)	2 pm-3 pm	
Wednesday	March 22	Pub Theology	6:30 pm	Out of the Ordinary
Sunday	April 2	Palm Sunday		
Thursday	April 6	Maundy Thursday		
Friday	April 7	Good Friday		
Sunday	April 9	Easter Sunday		
Sunday	May 14	newsletter deadline for Pentecost newsletter		
Sunday	May 28	Pentecost		